Brunswick R-II School

Fitness Center/Weight Room

MUST LIVE IN THE BRUNSWICK R-II SCHOOL DISTRICT OR ARE CURRENTLY PAYING TUITION TO THE BRUNSWICK R-II SCHOOL DISTRICT OR PAY PROPERTY TAXES IN THE BRUNSWICK R-II SCHOOL DISTRICT (MUST SHOW PROPERTY TAX RECEIPT)

<u>Hours of Operation</u> 4:00 a.m.—Midnight. Priority will be given to BHS students during school hours and practice times.

Code of Conduct I agree to abide by all policies and procedures of the Brunswick R-II School District Fitness Center/Weight Room and understand that failure to act in accordance with these rules may result in suspension of my access to the Brunswick R-II School District Fitness Center/Weight Room and/or cancellation of my access. I further acknowledge that I have received a copy of all the policies and procedures of the Brunswick R-II School District.

<u>Property Loss</u> I understand that the Brunswick R-II School District is not responsible for personal property lost, damaged or stolen while using Brunswick R-II School District facilities.

Criminal History I acknowledge that it is the policy of the Brunswick R-II School District to deny membership to any individual accused or convicted of any crime involving sexual abuse or, is or has been a registered sex offender. The Brunswick R-II School District will periodically check its membership records for criminal history. It is my responsibility to communicate within 48 hours to the Brunswick R-II School District should a violation occur to ensure the safety of everyone using the Brunswick R-II Fitness Center/Weight Room. Failure to communicate a violation within the designated timeframe could result in permanent suspension.

<u>Proper Attire and Hygiene</u> Wearing exercise clothing such as shorts, sweats, tank-tops, and athletic shoes will help to make your workout more enjoyable. Do not wear blue jeans or other clothing that have external metal parts or rigid seaming. These will cause damage to the upholstery on the equipment. Shirts and clean shoes must be worn at all times in the facility.

<u>Tobacco & Alcohol Free Area</u> Brunswick R-II School District helps promote healthy lifestyles; use of tobacco products (cigarettes, e-cigarettes, cigars, pipe, chewing tobacco, or snuff) and alcohol are not permitted on school grounds.

Age Requirements During non-school hours no one under the age of 18 will be allowed in the fitness center/weight room unless accompanied by a parent. Brunswick R-II students in grades 6-12 (under the age of 18) may use the facility, but must be supervised by a parent/guardian at all times. Younger children (grades 5 and under) are not allowed to use or be on any of the equipment. The machines are not toys or jungle gyms and should not be used by younger children. If you bring your children with you, please monitor them. If this policy is violated, at our sole discretion, your access to the facility may be temporarily suspended and/or permanently suspended.

Member Assumption of Risk and Release I understand and accept the risk of injury from using facility equipment is significant, including the potential for permanent injury and/or death and I knowingly and freely assume all such risks, both known and unknown. I acknowledge that this is an unsupervised facility and I assume all risks associated with using exercise equipment and exercising alone. I hereby release, indemnify, and hold harmless the Brunswick R-II School District.

Safety Notices

- The facility is under 24-hour recorded video surveillance and your member access card usage is logged.
- You must not bring in guests at any time. If this policy is violated, at our sole discretion, your access to the facility may be temporarily suspended and/or permanently suspended.
- You must not allow anyone else to use your access card and you must alert Brunswick R-II School District immediately if it is lost or stolen. Violating this policy carries the same consequences as violating the guest policy. Allowances may be made for visiting relatives. Please contact the school in advance for permission.
- Horseplay, vulgar language, abuse of the equipment, working out while intoxicated, or other inappropriate behavior will not be tolerated and may result in temporary suspension and/or permanent suspension.
- No one is allowed beyond the fitness center/weight room area. The locker rooms are not part of the fitness center/weight room area and are not to be accessed at any time. If this policy is violated, at our sole discretion, your access to the facility may be suspended and/or permanently suspended.

<u>Maintenance of Facilities</u> The facility may be temporarily closed for a period of up to two weeks each year for maintenance purposes.

<u>Access</u> Access will be deactivated annually; reactivation will take place upon signing a new agreement form effective March 4th.

Fit for Use Clause

I am voluntarily using Brunswick R-II Fitness Center, for personal health and fitness benefits at my own risk. I state and agree as follows:

- 1. I am not aware of any health condition or injury, which restricts or precludes my participation in any physical fitness instruction or activity.
- 2. I accept the risks of using a Fitness Center and will exercise due care. I do not expect nor will seek medical attention, monetary compensation or damages from Brunswick School District for any injury or illness I may suffer while using or as a result or using the Fitness Center, even if such injury or damage was incurred due to the negligence of Brunswick School District personnel.
- 3. I accept responsibility for my personal property, including my automobile and its contents. I understand Brunswick School district will not reimburse me for any damage or loss.
- 4. I understand that my health and fitness are my responsibility. Physical fitness instruction and participation will not guarantee me beneficial results in any capacity.
- 5. I understand Brunswick School District staff can eject me if I fail to comply with the rules, refuse to follow directions, or cause a disturbance.

Brunswick R-II School District Fitness Center/Weight Room Signature Form

Signature	 Date
permanently suspended.	
weight room, I understand and agree	that my access privilege may be revoked and/or
commit any violation or in any way mis	suse my access to the District's fitness center/
District's policy regarding the use of th	ne fitness center/weight room facility. Should I
I have read, understand, and agree to	abide by the terms of the Brunswick R-II School

Brunswick R-II School District Fitness Center/Weight Room Agreement Form

Name:							
Address:							
Phone Number	r:						
Home:	Home:						
Cell:							
E-Mail Address	s:						
Gender: M	F	Date of Birth: / /					
Do you have a	criminal record	d?					
Yes (If	f so, please exp	olain below)	No				
		Family Me	embership Inform	nation			
Spouse Name:		-					
Gender: M		Date of Birth: / /					
Children (ages First Nam		ving in my hous ast Name	sehold related by n Gender	narriage, blood, or adoption: Date of Birth			
			_ M/F				
			_ M/F	//			
			_ M/F				
			_ M/F				
Signature o	Signature of Applicant Printed Name		Date				
		For Offic	e Use Only				
Date Card Issu	ıe: Is	sued By:					